

**7Company LLC
Weight Loss &
Wellness Center**

Monthly Biggest Loser

Success Story

NOVEMBER

2010



Matt and his wife, Gwen, began the Ideal Protein Program on October 30. They were referred to us by another couple who had amazing success on our program after years of weight loss struggle. In one month, Matt dropped 18 ½ pounds. Gwen dropped an amazing 14 ½ pounds. Their 2 young daughters keep telling their mommy how “butiful” she is! Matt has already moved into Phase 2 of the program and will be on Phase IV (Maintenance) by the first of the year.

Bonita began the Ideal Protein Program on September 2nd. She has consistently lost both pounds and inches on the program. In 12 weeks she lost 47 ½ pounds. Bonita has the most infectious laugh and has been a favorite client of our staff. We all love her wonderful sense of humor and admire her commitment to the protocol.



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