

~ March 2012 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
RSVP for workshops: ☉ Leesburg Office, Phone 571 252-3775 E-mail: leesburg@7Company.com ☉ South Riding Office, Phone 703 327-7070 Email: SouthRiding@7Company.com Website: www.7company.com		You can now schedule personal one-on-one consultations or attend group workshops at either of our 2 locations. Click links above or go to www.7company.com <div style="text-align: center;"> Dieters Only-Schedule Weekly Visit Schedule Intro Weight Loss Workshop </div>		1	2	3 Ideal Protein Weight Loss Presentation LANSDOWNE 9 am FREE, RSVP
4	5 Phase ¾ Workshop @ Lansdowne 6:30 pm, FREE, RSVP Ideal Protein Weight Loss Presentation SOUTH RIDING ONLY 6:00 FREE, RSVP	6	7 Ideal Protein Weight Loss Presentation LANSDOWNE 11 am FREE, RSVP	8	9	10 Ideal Protein Weight Loss Presentation LANSDOWNE 9 am FREE, RSVP
11	12 Ideal Protein Weight Loss Presentation LANSDOWNE 6:30 pm SOUTH RIDING 6 pm FREE, RSVP	13	14 Ideal Protein Weight Loss Presentation LANSDOWNE 11 am FREE, RSVP	15	16	17 Ideal Protein Weight Loss Presentation LANSDOWNE 9 am FREE, RSVP
18	19 Ideal Protein Weight Loss Presentation LANSDOWNE 6:30 pm SOUTH RIDING 6 pm FREE, RSVP	20	21 Ideal Protein Weight Loss Presentation LANSDOWNE 11 am FREE, RSVP	22	23	24 Ideal Protein Weight Loss Presentation LANSDOWNE 9 am FREE, RSVP
25	26 Ideal Protein Weight Loss Presentation LANSDOWNE 6:30 pm SOUTH RIDING 6 pm FREE, RSVP	27	28 Ideal Protein Weight Loss Presentation LANSDOWNE 11 am FREE, RSVP	29	30	31 Ideal Protein Weight Loss Presentation LANSDOWNE 9 am FREE, RSVP