



Client Spotlight Success

August
2011

I am so pleased and amazed with my progress on Ideal Protein! In two months time I have lost 5 dress sizes and my triglycerides have gone from 318 to 93! I have tried other diets but have not had the success I've had on the Ideal Protein Program. It took me a year and a half on NutriSystem to get to where I am today on Ideal Protein. The food is delicious and easy to prepare. I am so happy that I started, best decision I have made to improve my life!

Susan C.

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